



# A Happy Sunday

*The Empty Tomb Mark 16:1-4; Matthew 28:5-8;  
John 20:3-10; Luke 24:1-12; 36-49*

Character Trait: Forgiveness

## Objectives:

Children will understand that:

- Sin creates a debt that must be paid.
- Jesus rose from the dead three days after dying on the cross.
- What forgiveness means.

## Supplies:

- A Happy Sunday loaded onto a tablet or phone or in the Bible App for Kids Book of Hope (pages 25-28)
- A heavy object (such as a large chair or desk)
- Paper
- Pens or pencils



## Welcome Activity: (5 minutes)

Allow a few volunteers to try lifting the heavy object. Explain that it is too heavy for one person to lift. Explain that this is what sin does to us. It is a problem too big for any of us to fix on our own.



## God's Bigger Story:

Jesus paid the sacrifice we owe for our sins. When Jesus rose from the dead, He showed that the debt created by sin had been paid in full for each person who chooses to trust and follow Him.



## Today's Bible Story:

Show A Happy Sunday or read the story aloud from the Bible App for Kids Book of Hope.



## Discussion: (8 minutes)

★ **What did Jesus say was now possible?** (*Everyone's sins can be forgiven if they turn to God and trust in Jesus.*)

Explain that Jesus offers us the greatest gift. But each of us gets to choose to accept this free gift or not. We can accept Jesus' gift by choosing to repent. To repent means to choose to say "no" to sin and "yes" to God.



